

Frequently Asked Questions (FAQs)

- What is a neuropsychological evaluation?

Neuropsychological assessment utilizes paper and pencil testing (and select computer tests) to identify possible concerns with brain functioning, as well to identify an individual's cognitive and emotional strengths and weaknesses.

- Who benefits from a neuropsychological evaluation?

Patients, caregivers, and their medical providers may all benefit through the determination of diagnosis and suggested treatment options.

- How long is the process from start to finish?

This will differ from patient to patient. The intake is about an hour, and testing takes place a week later. Testing typically lasts about 2-5 hours. Feedback is 1 to 2 weeks after testing, and generally runs for 30 minutes to an hour.

- Do you need to be referred by a doctor or other healthcare provider to set up service?

This will depend on insurance. Usually, a medical provider is the one to make a referral, but patients/caregivers also have the option to self refer.

- Do you offer in-home or remote testing?

Yes. Contact us to see if you qualify for in-home or remote testing. Additional fees may apply.

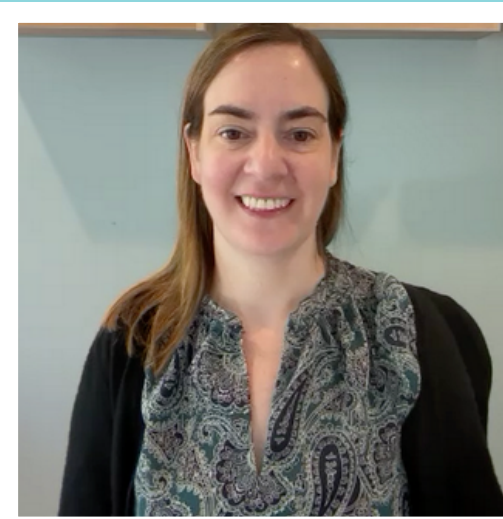
- What languages can you evaluate in?

At this time, we only offer evaluations in English.

- What insurance(s) do you accept?

*Medicare, BCBS PPO, *Evernorth (formerly known as Cigna), and *United Healthcare.
(*in process)

For more details, visit
www.chicagolandcognitive.com



Dr. Maia Feigon, PhD, ABPP

I am a board-specialized neuropsychologist with more than 10 years of experience located in Chicago, IL. Training wise, I obtained my doctorate in clinical psychology from the Illinois Institute of Technology, with a concentration in rehabilitation psychology. I completed my internship in neuropsychology at the University of Florida, and fellowship training at the University of Illinois at Chicago. Prior to starting my own practice, I was at a large public health care system, where I conducted both outpatient and inpatient neuropsychological evaluations of teens, adults, and geriatric patients with oftentimes complex neurological, medical, and/or psychiatric disorders. My current practice is concentrated on older adults although I see individuals down to and including age 16.

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Chicagoland Cognitive
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Neuropsychological Examination



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What is Neuropsychology?

Neuropsychology is the study of behavior and cognition in accordance with the physiological processes of the nervous system, especially in association with known or potential brain changes (APA Dictionary of Psychology, 2018).



Why see a Neuropsychologist?

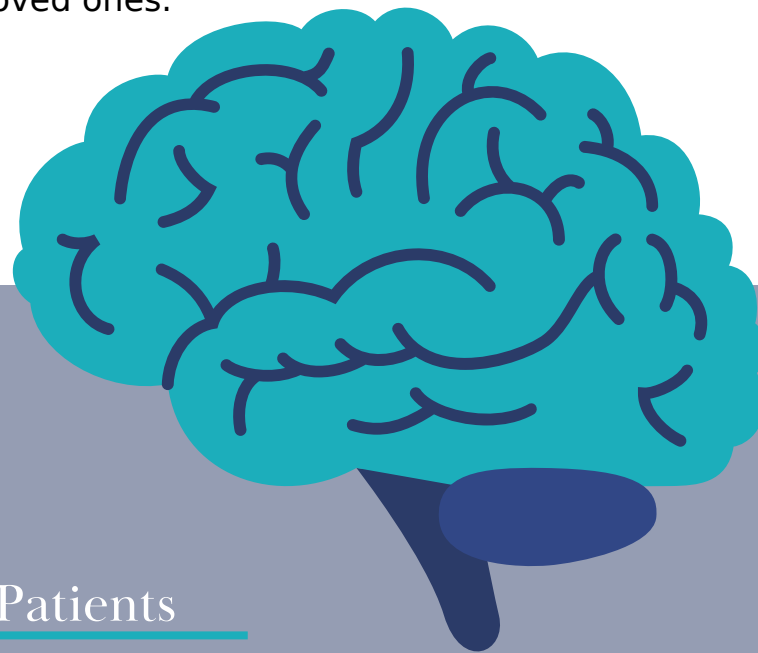
Unlike CT or MRI scans that show brain structure, a neuropsychological examination assesses how well the brain works under specific conditions (i.e. remembering new information). An evaluation may uncover functional issues not otherwise discoverable. It may also determine the degree of function and dysfunction stemming from known structural abnormalities.

Who sees CCAC?

Our current practice is concentrated on **older adults and individuals with specific medical conditions (down to age 16)**. In particular, we evaluate:

- Alzheimer's disease and other neurodegenerative diseases processes and dementias.
- Head injury, post stroke functioning, multiple sclerosis, heart disease, hematology-oncology related conditions and brain cancers, and metabolic disease.
- Intellectual Disability.

As part of our overall services, we conduct comprehensive assessments of cognition and provide customized and tailored feedback and recommendations to individuals and their loved ones.



For Patients

If you notice changes in thought processes and/or changes in memory and recall, consider evaluation. Feedback given by a neuropsychologist after testing can lead to diagnosis, more information about overall cognitive strengths and weaknesses, and treatment recommendations to improve quality of life and outcome.

For Caregivers

Taking care of a family member experiencing cognitive changes can be challenging. A neuropsychological evaluation can provide peace of mind regarding what your loved one may be experiencing as well as providing practical supports and recommendations. We aim to help both the patient as well as their caregivers.

The Evaluation Process

• Intake Interview:

The first step is a meeting with the neuropsychologist to discuss concerns or changes regarding memory and other aspects of cognition such as attention and concentration and language. Relevant background history will be gathered (i.e. medical, family, educational history, etc.).

• Testing:

The testing session is conducted either immediately after or a week later, and typically lasts 2-5 hours. This part of the evaluation assesses aspects of brain function, such as language, attention/executive functioning, speed of information processing, memory, emotion/behavior/personality, motor skills, and adaptive skills amongst others. One to two weeks following testing, the neuropsychologist will meet with the patient and any designated family members to review results and recommendations.

• Feedback:

A comprehensive report is presented, including:

- Summary of information from intake interview.
- In-depth review of testing results.
- Any warranted diagnoses.
- Recommendations for home, vocational/school, and additional medical and community-based support.



To refer a patient or schedule an appointment,

Call: (773) 420-9499

Email: referrals@chicagolandcognitive.com

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